



STEPGEAR®
TRAINING FOR REAL



SG-H

SG-H

SPORTS WITHOUT BOUNDARIES

Stepgear believes that **sport is important and should be inclusive**. To make training available to disabled athletes, we have designed and developed the only **dedicated professional Home Trainer in the world for handbikes**. Our software platform with speech synthesizer is also the only one designed for **visually impaired athletes**.

We are partners of Obiettivo 3, the project created by Alex Zanardi, the Italian paralympic cycling champion, to support the disabled who wish to practice sports.



DESIGNED FOR HANDBIKES

PROFESSIONAL TRAINING

Professional training with a handbike was never this easy. Stepgear's Home Trainer features the same characteristics as SG-1 and SG-3, and **fits all types of handbikes**, bearing in mind the importance of user comfort and stability.

EASE OF USE

SG-H is easy to attach and does not require electrical power, calibration or setup. **SG-H1.3 and SG-H3.3 models for recumbent handcycles** are equipped with a base to **accommodate footrests and guarantee complete stability**. **SG-H1.5 and SG-H3.5 models for upright handcycles** come with **4 purpose-built professional suction cups to secure the trainer to the floor**.



SG-H1.3 / SG-H3.3*

TECHNICAL DATA

PERFORMANCE	
TRAINER TYPE	Direct trasmission with fluodynamic resistance
RESISTANCE TYPE	Air (AIR DRIVE patented technology)
POWER (40 KM/H)	350 W
GRADIENT EFFECT	Up to 25% only on SG-H 3.3 and SG-H 3.5
ACCURACY	± 2,5 %
POWER REQUIREMENT	None
CONNECTIVITY	
CONNECTIVITY	Bluetooth® (FTMS) ANT+ (Power)
3RD PARTY APP COMPATIBILITY	Zwift, Rouvy, Bkool, Trainer Road, The sufferest, Kinomap, Challenger indoor and others
OUTPUT	Power
CONNECTABLE DEVICES	Smartphone, Tablet, Cyclo-computer, Sports watches, PC
SPECS	
SIZE (OPEN)	78 cm x 66 cm x 52 cm
WEIGHT	21 kg
FLYWHEEL	6,7 kg
MAX USER WEIGHT	120 kg
TRANSMISSION	Poly-V® Belt
FRAME MATERIAL	Aluminum-Magnesium alloy (5754)
AVAILABLE COLOURS	6
BICYCLE COMPATIBILITY	Road Bike, Mountain Bike, Gravel Bike, City Bike
LOCKING COMPATIBILITY	Quick release (QR) 130/135 mm, thru axle 12x142/148 mm
CASSETTE COMPATIBILITY	Shimano/SRAM 9/10/11 speed. SRAM XD 12 speeds. Campagnolo 9/10/11/12 speed
DISC BRAKES COMPATIBILITY	Yes
FIXED GEAR COMPATIBILITY	Yes

CLASSIC Series			
60 PURE WHITE	62 SULFUR YELLOW	63 TRAFFIC RED	64 VIOLANTE
65 ULTRAMARINE BLUE	61 BLACK		



* SG-H3.3 version available upon request. Please refer to SG-3 product sheet for technical data.

SG-H1.5 / SG-H3.5*

TECHNICAL DATA

PERFORMANCE	
TRAINER TYPE	Direct trasmission with fluodynamic resistance
RESISTANCE TYPE	Air (AIR DRIVE patented technology)
POWER (40 KM/H)	350 W
GRADIENT EFFECT	Up to 25% only on SG-H 3.3 and SG-H 3.5
ACCURACY	± 2,5 %
POWER REQUIREMENT	None
CONNECTIVITY	
CONNECTIVITY	Bluetooth® (FTMS) ANT+ (Power)
3RD PARTY APP COMPATIBILITY	Zwift, Rouvy, Bkool, Trainer Road, The sufferest, Kinomap, Challenger indoor and others
OUTPUT	Power
CONNECTABLE DEVICES	Smartphone, Tablet, Cyclo-computer, Sports watches, PC
SPECS	
SIZE (OPEN)	63 cm x 53 cm x 75 cm
SIZE (CLOSED)	63 cm x 53 cm x 12 cm
WEIGHT	18,5 kg
FLYWHEEL	6,7 kg
MAX USER WEIGHT	120 kg
TRANSMISSION	Poly-V® Belt
FRAME MATERIAL	Aluminum-Magnesium alloy (5754)
AVAILABLE COLOURS	6
BICYCLE COMPATIBILITY	Road Bike, Mountain Bike, Gravel Bike, City Bike
LOCKING COMPATIBILITY	Quick release (QR) 130/135 mm, thru axle 12x142/148 mm
CASSETTE COMPATIBILITY	Shimano/SRAM 9/10/11 speed. SRAM XD 12 speeds. Campagnolo 9/10/11/12 speed
DISC BRAKES COMPATIBILITY	Yes
FIXED GEAR COMPATIBILITY	Yes

CLASSIC Series			
60 PURE WHITE	62 SULFUR YELLOW	63 TRAFFIC RED	64 VIOLANTE
65 ULTRAMARINE BLUE	61 BLACK		



* SG-H3.5 version available upon request. Please refer to SG-3 product sheet for technical data



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